



Hello,

We are looking forward to making your Medical Nutrition Therapy Appointment productive and satisfying. Spouses or other individuals who can support you in your efforts are welcome to accompany you.

**Location:**

Stanford Hospital  
Boswell Clinic  
Room A053  
300 Pasteur Drive  
Stanford, CA 94305

*Walk through the main front door of Stanford Hospital that faces the fountains. Take the stairs or elevator to the basement. As you leave the elevator, turn right. At the first hallway turn right. As you go down the hall, the office is on your right in room A053.*

*There is no receptionist:*

*When you arrive, simply knock on the door to indicate that you have arrived.*

**Please Arrive On Time:**

Traffic, parking, unfamiliarity with destination, and other circumstances frequently cause delay. We ask that you make every effort to *safely* arrive on time for your appointment. An effective initial appointment requires a full forty-five minutes of scheduled time. Late arrival significantly affects the quality of your appointment as well as sessions for other individuals scheduled for the remainder of the day.

**Remember To Bring:**

**Completed [Nutrition Profile Form](#):** Kindly complete the enclosed form prior to your scheduled appointment.

**Rescheduling or Canceling an Appointment:**

Remember that failing to appear, rescheduling and canceling appointments contributes to the increased costs of health care. Please call 650 723-5440 as soon as you know that you need to cancel or reschedule your appointment.

Sincerely,

Kristine Birge,  
Clinic Nutritionist, MS, RD