

GERIATRIC HEALTH SERVICES

IMPORTANT RESOURCE INFORMATION

Transportation

Outreach Paratransit (Santa Clara County)...	(800) 400.3440 (408) 436.2865
Sam Trans/Cal Train.....	(800) 660.4287
Redi-Wheels.....	(650) 369.1797
Avenidas Transportation Services.....	(650) 326.5362
Roadrunners.....	(650) 940.7016

Meals on Wheels

Santa Clara County (Council on Aging Silicon Valley)	(800) 510.2020
Santa Clara County (Health Trust of Santa Clara County).....	(408) 961.9870 (800) 505.3367
San Mateo County (Peninsula Volunteers) ...	(650) 323.2022

In-Home Supportive Services

Santa Clara County	(408) 928.3737
San Mateo County.....	(650) 573.3900

Wills and Legal Issues

Senior Adult Legal Assistance (SALA).....	(408) 295.5991
---	----------------

Telephone Information and Assistance

Avenidas (Palo Alto).....	(650) 326.5362
Council on Aging of Santa Clara County	(408) 296.8290
San Mateo County TIES Line	(800) 675.8437
Senior Services Information Line.....	(800) 510.2020
Statewide Connection	

Health & Health Insurance Related Services

HICAP – Health Insurance Counseling	(800) 434.0222 and Advocacy Program
Social Security and Medicare Eligibility.....	(800) 772.1213
Family Caregiver Alliance.....	(800) 445.8106
Medi-Cal	(800) 753.0024
MediCare.....	(800) 841.1602
California Insurance Help Line.....	(800) 927.4357

Assistive Devices

Assistive Devices	(800) 390.2699
Call your local senior center for information about their assistive devices loan program.	

General Information

Senior Information & Referral.....	(800) 408.4636
Santa Clara County Council on Aging, www.scccoa.org	(800) 510.2020
San Mateo County Aging and Adult Services Division	(800) 675.8437

Geriatric Care Services

Eldercare Locator Specialist.....	(800) 677.1116
-----------------------------------	----------------

Disease Organizations

1. Alzheimer’s Association.....	(800) 272.3900
2. American Cancer Society	(800) ACS.2345
3. American Diabetes Association	(800) DIABETES (800) 342.2383
4. American Heart Association	(800) AHA.USA1 (800) 242.8721
5. Better Hearing Institute	(800) 327.9355
6. National Hospice and Palliative Care Organization	(800) 658.8898
7. National Parkinson Foundation, Inc.	(800) 327.4545