

March 2008

Issue No. 2

Welcome to Discover

Stanford Hospital & Clinics is recognized as one of the preeminent hospitals in the country, where inspiration, innovation and knowledge are uniquely combined for the benefit of our patients.

In this monthly newsletter, we will feature the extraordinary people whose accomplishments and dedication change lives every day.

We welcome your feedback at communications@stanfordmed.org.

SHC Events

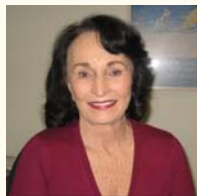
[Sleep in Women: What You Should Know](#)
Wednesday, March 26

[A Heart to Heart Talk on Growing Up: For Girls Only & For Boys Only](#)
Ongoing March 12 - June 9

[Third Annual LIVERight 5K Run/Walk](#)
Saturday, May 10

[BeWell Health Risk Assessment](#)
Daily thru December 2008

Volunteer "Star"



Elaine Bellville started [volunteering at Stanford Hospital & Clinics](#) in 1998.

She volunteered in the Kidney and Liver Transplant Unit for the first year; then She moved over to the Smoking Cessation Program. Over the last eight years, Elaine has relied on her [nursing background](#), winning personality and positive attitude to get patients to sign up and stick with the program. "Elaine's heart and love for the patients and the hospital make her a valuable member of the volunteer team and an incredible asset to the Smoking Cessation Program's department," said Angela Cherene and Linh Dang of Volunteer Resources at Stanford Hospital & Clinics.

Elaine currently resides in Sunnyvale. When she isn't "saving lives", her days are filled with boating, hiking, family and traveling. Her passion is flying and pouring love over her 13 grandchildren.

Stanford Cancer Center: More Than A Building

Catherine Sleight, a current patient at Stanford Hospital, remembers when cancer treatment at Stanford meant receiving chemotherapy in a first-floor, windowless room and attending clinic appointments underground. "We called it the bunker," recalls the 56-year old Palo Alto resident. "You had to go down the escalators into this place that had no windows. It was so crowded that people were sitting on the coffee tables. Everybody was just so anxious; it was kind of dark, the ceilings were low."



In 2004, the [Stanford Cancer Center](#) opened its doors, bringing together all of Stanford Hospital's 80 cancer specialists, who had been scattered in various locations throughout the medical center. The 218,000

sq. ft. building was the culmination of a decade of planning that involved physicians, staff, patients and the community. Catherine has certainly noticed the difference.

[Read full article...](#)

Cancer Survivor Gets a Helping Hand

Catherine Sleight came to Stanford Hospital after her colon cancer, which had been previously misdiagnosed at a different medical center, had begun to spread.



While colon cancer can generally be detected and treated early, precious time had been lost for Catherine. When she first visited Stanford, the diagnosis was grim. "Initially I was told one-to-two years," she explains. "That was six years ago." [Read full article...](#)

Q&A With Holly Gautier, Program Manager of the Cancer Supportive Care Services



Holly Gautier, Program Manager of the [Stanford Cancer Supportive Care Services](#), is a familiar presence at the Stanford Cancer Center. She is a source of support to patients, families and staff of the Cancer Center, and is always available to provide guidance and a helping hand. Gautier coordinates the

various programs offered based on patient and family needs and works with community support groups to provide a wide range of available programs. [Read Q&A...](#)

SHC In The News

[Congress Can Improve Care for Cancer Survivors](#)

The Comprehensive Cancer Care Improvement Act: A new proposal in Congress to create a system of coordinated cancer care before, during and after primary treatment.

[Straight From the Heart: Women's Heart Health Clinic Treats Gender Specific Disease](#)

[Women's Heart Health Clinic](#) at Stanford is conducting research on differences between men and women in regards to heart and vessel disease.

[Doctors Cater to Gynecological Needs of Teens, Young Girls](#)

A rare medical specialty now offered to patients at Stanford Hospital & Clinics and Lucile Packard Children's Hospital.

[Hutchison: Health Care System Can Be A Jungle, But There's Help](#)

A look at the importance of patient care services and the solutions that Stanford Hospital & Clinics' [Guest Services](#) have to offer.

News Briefs

Martha Marsh Named a Woman of Influence

SHC President and CEO, Martha Marsh, has been honored by the Silicon Valley Business Journal as one of the Valley's Women of Influence. Local business and community leaders reviewed more than 300 nominations of outstanding women contributing to their fields and industries, and identified a select group of exceptional women of business and industry leaders who have forged their own path and developed their own leadership principles.



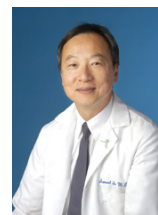
Marsh has led Stanford Hospital & Clinics since April 2002, helping the hospital to achieve financial stability, expand services (such as the Cancer Center which opened in 2004), strengthen quality and service, and enhance patient comfort. Under her leadership, Stanford Hospital & Clinics has consistently ranked as one of "America's Best Hospitals." In addition to a two-page profile in the Silicon Valley Business Journal, Marsh will be honored at the 2008 Women of Influence awards dinner celebration at the Fairmont Hotel in San Jose on March 19th.

The American Liver Foundation Honors Dr. Samuel So

Samuel So, MD, FACS, was honored by the American Liver Foundation at their annual Salute to Excellence Awards Gala held March 1 at the Palace Hotel in San Francisco. The Gala was a black tie awards dinner and reception honoring those who have made an outstanding contribution to biotechnology and medical innovation.

So, Director of both the Liver Cancer Program and [Asian Liver Center](#) at Stanford

Hospital & Clinics, is nationally recognized for his work in the area of liver cancer. His research currently includes developing new strategies that will lead to the elimination of hepatitis B worldwide and reducing the threat and incidence of liver cancer.



His research is also focusing on evaluating potential new diagnostics and treatment markers and novel targeted therapy for primary liver cancer. So is also the Lui Hac Minh professor of surgery at the Stanford School of Medicine.



Dr. Robert W. Carlson Recognized for Clinical Excellence

Robert Carlson, MD, is one of three physicians who will receive the National Physician of the Year for Clinical Excellence Award at the Castle Connolly Medical Awards ceremony held March 18 in New York. The Clinical Excellence Award recognizes physicians who exemplify excellence in clinical medical practice.

Carlson's career has been devoted to the improvement in the care and treatment of breast cancer. He chairs the National Comprehensive Cancer Network Breast Cancer Guidelines Panel that develops the most widely utilized evidence-based breast cancer guidelines in the world. He also co-chairs the Treatment Guidelines and Allocation of Resources Panel of the Breast Health Global Initiative, a group that develops resource stratified breast cancer guidelines for countries with limited resources. His research has included trials in breast cancer prevention, investigational chemotherapeutics and endocrine agents, psychosocial interventions, and the use of computer-based systems to assist physicians in delivering optimal care. Carlson is a professor of medicine in the oncology division at the Stanford School of Medicine. He has been on staff at Stanford for 25 years.