

Welcome to Discover

Stanford Hospital & Clinics is recognized as one of the preeminent hospitals in the country, where inspiration, innovation and knowledge are uniquely combined for the benefit of our patients.

In this monthly newsletter, we feature the extraordinary people whose accomplishments and dedication change lives every day.

We welcome your feedback at communications@stanfordmed.org.

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[Stand Up To Cancer](#)
Friday, September 5

[4th Annual Schizophrenia Education Day](#)
Saturday, September 20

[Upcoming Lectures Presented by the Stanford Health Library](#)
September – December 2008

[BeWell Health Risk Assessment](#)
Daily thru December 2008

IN FOCUS: Support Groups

Support Groups Supply Crucial Help



At Stanford Hospital and Clinics, patients and their families can find many support groups, made possible by a firm belief and commitment to the idea that these groups are an essential and effective part of therapeutic treatment for many disease and conditions.

[Read full article...](#)

Caregivers Need Support, Too

As plentiful as support groups are for many health conditions, one group is usually overlooked – the families and friends who provide very necessary support for transplant patients.

[Read full article...](#)



Q&A with Jenni Kwak, Clinical Social Worker, Liver Transplant

Jenny Kwak has been a social worker for 18 years. She has extensive experience in many settings of social work from providing mental health care for foster kids to lecturing and instructing classes at San Francisco State University. In addition to working with patients at SHC's liver transplant department, she also co-facilitates the Hospital's Caregiver Solid Organ Transplant Support Group and the Adult Liver Transplant Support Group.



[Read full Q&A...](#)

Transplant Recipients Earn 14 Medals at U.S. Transplant Games



For twins Isabel and Ana Stenzel, born with cystic fibrosis, winning gold medals in sprint and relay races was not part of their childhood dreams. Instead, the Stenzel girls waged an ongoing battle against a disease that made running a lap around the track virtually impossible.

Ana and Isabel, who both graduated from Stanford in 1994, were part of Team Northern California, which included 28 athletes. For the first time ever, six lung and heart-lung recipients from Stanford Hospital were part of the team. Together, they competed in swimming, track and field, badminton and biking. Team Northern California brought home 40 medals, 14 of them earned by Stanford transplant recipients.

[Read full article...](#)

Finding the “Lost” Survivors of Congenital Heart Defects



Hand a napkin to Jim Wong, and he can quickly diagram the four things that are wrong with his heart.

But Wong considers himself lucky. He found out before it was too late that the heart problems he was born with hadn't ended, even after he had childhood surgery to fix them, and now he lives near the Adult Congenital Cardiology Clinic at Stanford Hospital & Clinics.

[Read full article...](#)

Volunteer “Star”



Wen-San Lee-Morgan joined the SUMC Auxiliary in 2007 after retiring from a successful career as a Senior Engineering Manager in the disk drive industry. She is not new to volunteering and can also be found helping out at the San Jose Tech museum. The impetus for becoming a volunteer at Stanford, however, came from time spent at the Hospital while her father was a patient. “I was impressed by the attention and care provided by a Pink Lady volunteer, and I wanted to give back.” Wen-San works a shift each week as an escort volunteer assisting patients and their families in navigating the halls of the Hospital or running errands for staff members. When asked, she readily agreed to serve on the Auxiliary Board where she has taken on the newly-

created post of Chair of Community Outreach. She is an ideal person for the job: capable, enthusiastic, always with a warm and welcoming smile for everyone. This summer she made additional trips to the Hospital chauffeuring her son Sean, a new member of the Auxiliary’s Junior program. Wen-San may not have been at the Hospital for a long period of time, but she has already made a lasting and positive impression on all who have met her.

[Click here for information on volunteering at Stanford Hospital & Clinics.](#)

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